



Rotary Youth Exchange

FINLAND

District 1430

<http://www.ryefinland.com>

SUMMER CAMP IN METSÄKARTANO YOUTH AND WILDERNESS CENTER, FINLAND 2015

- NAME:** Nature experience with countless lakes and vast forests
- WHERE:** Metsäkartano Youth & Wilderness Center, Rautavaara
480 km north from Helsinki in Finland Lakeland area.
www.metsakartano.com
- WHEN:** Jul 24th – Aug 7th, 2015.
Family Period Jul 24th - Aug 2nd
Camp Period Aug 2nd - Aug 7th
- ARRIVAL:** **Kuopio** Airport, Jul 24th via Helsinki.
DEPARTURE: **Kuopio** Airport, Aug 7th via Helsinki.
Finnair (<http://www.finnair.fi>) has flights between Helsinki and Kuopio.
- PARTICIPANTS:** 18 participants from EEMA countries, interested in nature experience.
AGE: 15 - 20 years
- PROGRAMME:** The camp consists of two parts. The participants will first spend one week in the host families to get an idea of the Finnish way of life.
During the camp week we all stay together in Metsäkartano Youth and Wilderness center. The camp activities include nature experiences, outdoor sports, cultural activities and handicrafts. The camp period is supervised by local guides.
- EQUIPMENT:** Your personal medication and suitable clothing for outdoor activities and hiking. The daytime temperature is typically between 15 – 25 °C. Water temperature is around 20 °C. Take your swimming suit with you.
- CAMP FEE:** 150 euros
- OTHER COSTS:** Participants pay their own costs to and from Kuopio and shall have their own pocket money. Organizing Rotaries will meet the student in Kuopio airport and will take care of all ground transportations in Finland.
- INSURANCE:** Participants must have a valid insurance policy in case of sickness and injury.
- APPLICATIONS:** The applicant must use the official Rotary Youth Exchange – Short-Term Exchange Program (STEP) Application form when applying to the camp. The deadline for the applications is 15th, April, 2015.

MORE INFORMATION:

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SEND ALL (preferably electronic) APPLICATIONS TO:

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