

Rotary International - District 2202 Spain

Sports and Culture Camp

Date: July 2nd (Saturday) - July 16th (Saturday)

Location: Mataró (Maresme), Vic (Osona), Ripoll (Ripollès), Banyoles (Pla de l'Estany), and Olot (Garrotxa).

Hosted by: District 2202

Language: English

Lodging: Participants will be hosted in hostels and families

Participants: 12 participants (1 girl or 1 boy from each country)

Programme: Four Rotary Clubs have had the pleasure to organise this programme jointly (Rotary Club de Mataró-Maresme, Rotary Club de Vic-Osona, Rotary Club de Ripollès and Rotary Club de Banyoles), and the Rotary Club de Olot-Garrotxa has also collaborated.

Participants will have the opportunity to get to know the coast, the mountain and the countryside of Catalonia. The programme combines sports, tourism, as well as cultural activities.

Participants will visit different cities, such as BARCELONA and GIRONA. They will get to know the culture and the historical art of Catalonia.

Arrival/Departure: Barcelona or Girona airport

Age: 18-21 years old

Costs: Participants will be charged 310 € and will also be responsible for their travelling expenses to and from Barcelona or Girona, insurance, pocket money and personal expenses.

Insurance: All participants **MUST** be insured in accordance with the Rotary International Policy at their own cost against illness, accident, third party damages and all other risks.

Clothing: Casual and sportswear, bathing costume, beach wear, trainers.

There will be formal dinners as well.

Application: Deadline will be May 30th.

Mark carefully if you have any food restrictions or health problems.

Preliminary programme: A more detailed programme will be sent to the participants.

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| July 2 nd (Saturday): | Arrival at the airport and transfer to Mataró. There will be a swimming pool. We will have dinner in Mataró. |
| July 3 rd (Sunday): | “Camí de ronda” from Blanes to Lloret. Lunch at the beach and dinner at home. |
| July 4 th (Monday): | Sports activity at Centre Natació Mataró. Zumba, Spinning and fit beach. Lunch at the CNM and dinner at home. |
| July 5 th (Tuesday): | Sightseeing in Mataró and Tecnocampus visit. Lunch “paella”. Free time to visit and to go shopping in Mataró. Dinner at Rotary Club Mataró Maresme. |
| July 6 th (Wednesday): | Sports activity at Centre Natació Mataró. Zumba, Spinning and fit beach. Lunch at the CNM, trekking to Burriac Castle. Dinner at home. |
| July 7 th (Thursday): | Tennis at Argentona tennis club. Lunch and transfer to Vic. Welcome to Vic. Pitch and putt at Mas Gurumbau |
| July 8 th (Friday): | Sports activities, as well as cultural. |
| July 9 th (Saturday): | Sightseeing in Vic, Episcopal museum, market square, and reception at City Hall. Free time for shopping. |
| July 10 th (Sunday): | Sightseeing in Barcelona. Visit the Liceo, Barcelona’s opera house, MACBA museum, Olympic zone, and free time for shopping. |
| July 11 th (Monday): | Visit the volcano’s museum in Olot and an ancient volcano, too. Transfer to Banyoles. Welcome to Banyoles. |
| July 12 th (Tuesday): | Sightseeing in Girona, an ancient and important city close to Costa Brava. |
| July 13 th (Wednesday): | Banyoles, activities at the lake, the largest in Catalonia, sightseeing in Besalú, a medieval village. Welcome to Ripoll. |

July 14th (Thursday): Trekking to Nuria, a sanctuary surrounded by mountains in the heart of the Pyrenees.

July 15th (Friday): Romanic monastery, museum . Travel to Vic.

July 16th (Saturday): Departure day for all participants.

Mataró, April 25, 2016.