



Rotary Club Bistrita Nosa

YOUTH EXCHANGE PROGRAM

Summer camp

Country / CLUB	ROMANIA / RC BISTRITA NOSA DISTRICT 2241 <i>"INTERNATIONAL VOLUNTEER CAMP"</i>
MOTTO	Volunteering and environment training camp
PROGRAM	See appendix
Participants:	15 youngsters, one from each country
Age	15-18 years old
Language	English, fluent
Accommodation	In mountain cottages in Tasuleasa, boys and girls separately.
Food	Romanian and European dishes. Vegetarian menus can be served upon request
Costs/fees	255 euro / person / camp The fee shall be paid into the account: RO21 BTRL 0060 2205 L956 63XX Banca Transilvania Bistrita, SWIFT: BTRL022 RO22 BNA Rotary Club Bistrita Nosa
Insurance	Participants will benefit from a health and incident insurance while they are in the Camp; the insurance is provided by Tasuleasa Social, the partner in this program. Participants are advised to have their own health insurance, and social liability insurance that will cover the travel time, before and after the camp, according with Rotary International regulation;
Arrival	Cluj Napoca – July 20 , 2015
Departure	Cluj Napoca – July 31 , 2015
Terms/requirements for participation	Good health and Good physical condition;
Individual equipment	Mounteneering equipment: mountain boots (not fancy shoes), jackets, warm clothes, caps, rain coat, sleeping bag, backpack, lantern
Obs	Participants shall carry a day's food and clothing on the mountain, and a part of the common equipment (primus, fuel, etc)
Registration of applicants	Application scanned in PDF should be sent electronically until 31/05/2015 to Marsineta Vaida, e-mail: notarvaida@yahoo.com tel: 0040 723 296675,

Program

Day 1, Monday, July, 20. - Arrival on Cluj Napoca airport; participants shall be taken from the airport by members of the Rotary Bistrita Nosa club and they shall be transported by car to the camp in Tasuleasa (<http://tasuleasasocial.ro>), in Piatra Fantanele, near the Tihuta pass, (approx. distance from Cluj 165 km, which would take around 2 h and 30 min, including a break); accomodation, entertainment, dinner

NOTE: During the same time, the camp will also host another 10 Romanian participants of the same age, from the counties Bistrita Nasaud, Suceava and Botosani



Day 2, Tuesday, July 21. Presentation of the Tasuleasa organization, its projects and the camp rules; There will be discussions about volunteering and environmental concerns of the Association, and an introduction to various educational games on environmental issues; Games will be followed by a walk on Mount Tasuleasa, (by foot) in order to promote walking and mountain stories about nature and its beauty; in the evening projections of animations and videos made by a Tasuleasa volunteer

NOTE: activities will be run by local volunteers, some of the members of INTERACT Club Bistrita.

- socialization activities, entertaining, games



Day 3, Wednesday, July 22. Start of the volunteering activities of the camp, on the road "Via Maria Theresia" www.via-maria-theresia.ro

NOTE: All activities will be carried out with help from the camp volunteers

Day 4, Thursday, July 23 Continuing volunteering activities on the road Via Maria Theresia

In the second part of the day, participants will be taken in a tour to visit the town of Bistrita, accompanied by a tourist guide; in the evening participants will take part in the Rotary Bistrita Nosa meeting, followed by a dinner with the Rotarians.

Note: At the tour in Bistrita and the RC meeting, participants will be accompanied by members of INTERACT Bistrita.



Day 5, Friday, July 24 Participants will begin to visit and discover „The Pedagogical Forest” in the Tasuleasa camp.

Tour in the neighbouring town Nasaud, visit to the frontier guards museum (<http://www.bistrita-nasaud.djc.ro/ObiectiveDetalii.aspx?ID=1763>); visit to the Compared Art Museum in Singeorz- Bai (<http://www.bistrita-nasaud.djc.ro/ObiectiveDetalii.aspx?ID=1764>)

NOTE: information about local habits and traditions.
socialization activities, entertaining, games;
Travel by bus, accompanied by guide and Tasuleasa
volunteers.

Day 6, Saturday, July 25.

- Everybody will participate in a voluntary activity.

NOTE: the transportation and materials will be provided by
the coordinators of the camp.

- socialization activities, entertaining, games



Day 7, Sunday, July 26 Vounteering activities “ Via Maria Therezia” www.via-maria-theresia.ro



Day 8, Monday, July 27. Participants will co tinue to explore the
“Pedagogical Forest” within the Tasuleasa Camp.

Theme of the day: “What is a national park and what are its
functions?” –

Trip to the National Park „Rodnei Mountains” / „Calimani
Mountains”

NOTE: Mountain guide, participation of mountain rangers

No luggage/pack; socialization activities, entertaining, games

Day 9, Tuesday, July 28. Participation in a volunteering activity,
held by Tasuleasa Social, as a practical exercise of the subjects
covered during the previous days; - socialization activities,
entertainment, games;



Day 10, Wednesday, July 29. - Art workshops (painting and/or
sculpture), discussions, interactive games, or free time (depending
on participants choise). The participants will begin to prepare a show
for the last evening, on a theme chosen by the hosts.

Note: Organization of workshops depends on the voluntary participation of some artists.

The play/show will be entirely written and directed by the participants.

Day 11, Thursday, July 30. Participants will continue to work and
rehears the show during the day and present it in the evening.

During the evening the participants will present their play,
followed by social activitis, entertainment, camp fire.

- socialization activities, entertaining, games Members of the
organizing Rotary Club and partner clubs will also attend



Day 12, Friday, August, 1st: Breakfast and departure to Cluj Napoca, according to the flight schedule.

The above program may undergo changes according to the wishes of the participants and of course the
weather conditions which may aggravate or alleviate or even may reschedule activities.

Camp coordinator:

- Alin Uhlmann Useriu – chairman of Tasuleasa Social.