

Rotary International - District 2202 Spain

Sports and Culture Camp

Date: July 1st (Saturday) - July 15th (Saturday)

Location: Mataró (Maresme), Vic (Osona), Ripoll (Ripollès) and Banyoles (Pla de l'Estany)

Hosted by: District 2202

Language: English

Lodging: The participants will be hosted in hostels and families.

Participants: 12 participants (1 girl or 1 boy from each country)

Programme: Four Rotary clubs have the pleasure to organise this programme jointly (Rotary Club de Mataró - Maresme, Rotary Club de Vic-Osona and Rotary Club de Ripollès, Rotary Club de Banyoles).

Participants will have the chance to get to know the coast, the mountain and the countryside of Catalonia. The programme combines sports and tourism-cultural activities.

Participants will visit different cities, such as BARCELONA and GIRONA. They will get to know the culture and the historical art of Catalonia.

A more detailed programme will be sent to the participants.

Arrival/Departure: Barcelona or Girona airport

Age: 18-21 years old

Costs: Participants will be charged 320 € and will also be responsible for their travel expenses to and from Barcelona, insurance, pocket money and personal expenses.

Insurance: All participants **MUST** be insured in accordance with the Rotary International Policy at their own cost against illness, accident, third party damages and all other risks.

Clothing: Casual and sportswear, bathing costume, beach wear, trainers. There will be formal dinners as well.

Deadline for application: May 31st.

Please indicate if you have any food restrictions or health problems.

Preliminary programme: A more detailed program will be sent to all participants.

July 1 st Saturday:	Arrival at the airport and transfer to Mataró. There will be a swimming pool and we will have dinner there.
July 2 nd Sunday:	“Camí de Ronda” from Blanes to Lloret. Lunch at the beach and dinner at home.
July 3 rd Monday:	Sports activity at Centre Natació Mataró. Zumba, spinning and fit beach. Lunch at the CNM and dinner at home.
July 4 th Tuesday:	Sightseeing in Mataró and Tecnocampus visit. Lunch “paella”. Free time to visit and shopping in Mataró. Dinner at Rotary Club Mataró Maresme.
July 5 th Wednesday:	Sports Activity at Centre Natació Mataró. Zumba, spinning and fit beach. Lunch at the CNM, trekking to Burriac castle. Dinner at home.
July 6 th Thursday:	Tennis at Argentona tennis club. Lunch and transfer to Vic. Welcome to Vic. Pitch and putt at Mas Gurumbau

- July 7th Friday: Sightseeing in Barcelona. Visit the Liceo, Barcelona's opera house, Picasso museum and free time for shopping.
- July 8th Saturday: Sightseeing in Vic, market square, and reception at city hall. Visit a "salchichón" factory. Free time for shopping.
- July 9th Sunday: Sports activities, as well as cultural.
- July 10th Monday: Visit the volcano's museum in Olot and an ancient volcano too. Transfer to Banyoles. Welcome to Banyoles.
- July 11th Tuesday: Sightseeing in Girona, an ancient and important city close to Costa Brava.
- July 12th Wednesday: Banyoles, activities at the lake, the largest in Catalonia. Welcome to Ripoll.
- July 13th Thursday: Trekking to Nuria, a sanctuary surrounded by mountains in the heart of the Pyrenees.
- July 14th Friday: Romanic monastery, museum . Travel to Vic. Farewell party.
- July 15th Saturday: Departure day for all participants.

Mataró, 20th April, 2017